



2023 Trial of new Game On format

We have modified the present format of Game On to make it more appealing to clubs, giving both sides something to play for. Under the terms of this trial, games can still take place if either or both teams have less than 15 players (a minimum of 12), or if there is a lack of suitably trained front row players.

STEP 1 – Are you eligible for Game On?

So long as you have at least 12 players, both teams can get a game and compete for league points.

Step 2 – Contact the opposition.

If you are considering Game On please try to inform the opposition 24 hours in advance. Keeping both teams 'in the loop' early allows everyone to plan in advance. However you can still request Game On right up to one hour before kick-off.

Step 3 – Contact the Branch

Once you've let the other team know, contact the Ulster Branch to confirm that the match may be played under Game On conditions and they will do the rest – contact the referee, sort out how the game is recorded on the branch website etc.

Step 4 – Agree Game On conditions.

Using the Game On game-card (available in advance to all teams and referee), both sides agree the format of the game, e.g. player numbers, uncontested scrums, duration of match. The team requesting Game On is responsible for completing the game-card, in agreement with the opposition captain, which is then approved by the referee, and submitted to the Ulster Branch.

Step 5 – Play the game

The game proceeds as a competitive fixture with league points awarded in the usual way, with one exception – the team requesting Game On gets a maximum of 4 points if they win.